

Course Synopsis: The Shoulder - Steps to Success

Tutor: Jo Gibson MSc MCSP

This two-day course looks at the current evidence base regarding dynamic stability of the shoulder complex and how it impacts assessment and management. Simple assessment strategies will enable participants to design effective treatment interventions, which reflect the functional needs of patients. The course will look at the challenges of true evidence based practice and how developments in the motor learning and communication literature offer opportunities for enhancing interventions. It will provide participants with a simple and structured approach to the management of the shoulder complex and common pathologies, which is immediately applicable in clinical practice. The course is designed to be fun and informal and incorporates lots of case examples.

